
[Sitting at the Feet of Jesus](#)

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Sitting in Action

Last week Sandie and I decided to tag team on devotions for this week. We decided that the “topic” should be “At the feet of Jesus.”

There is a LOT that could be discussed about this topic. However, I want to focus on one aspect of it that spoke to me: the fact that in Jewish tradition, when you put yourself at someone’s feet, it was a sign of complete submission.

One of the most referenced scriptures when you do a search on this topic is Luke 8:35 which reads, “People came to see what had happened. They came to Jesus and saw the man from whom the demons had been sent. He was sitting at the feet of Jesus with clothes on and had the right use of his mind. The people were afraid.”

I found this commentary that I thought was pretty interesting and applicable. This is an excerpt from “The Poor Man’s Portions” by Robert Hawker. He says,

“Sitting at the feet of Jesus, clothed, and in his right mind.”-Luke 8:35.

Look at this man, my soul, and see whether you can find any resemblance to yourself. Before he heard the voice of Jesus, he was under the possession of the evil spirit. It is said of him that he wore no clothes. He dwelled in no house, but abode among the tombs. He was cutting himself with stones. No man could tame him, neither fetters nor chains bind him. Poor miserable creature!

And yet, my soul, was not this a true picture of your state, and indeed, of every man's state by nature? Had not Satan full possession of your heart and affections, my soul,

before you became savingly acquainted with the Lord Jesus Christ? Did he not lead you in the pursuit and gratification of your lusts and pleasure at his will? You might truly be said to wear no clothes; for you were so far from having on the garment of Jesus' righteousness. In those days of your unregenerate life, you were living in the shame of your nakedness and in the filth of your nature. You did not dwell in the house of God, nor even delight to go in. And, just as this poor creature lived among the dead, so you lived with creatures like yourself, dead in trespasses and sins. And as this miserable man was wounding himself with stones, so were you; for your daily commission of sin was giving wounds to your soul, infinitely more alarming than the wounds he gave his body. And could no chains or fetters be found strong enough to bind him? So neither did all the solemn commands and threatening judgments of God's holy law act with the least restraint upon your ungoverned passions.

Pause, my soul, over the portrait, and acknowledge how accurate and striking the similarity. Then ask yourself, are you now sitting at the feet of Jesus, clothed and in your right mind? Yes! Like this poor man, have you heard the voice of Jesus, and felt the power of his grace in your heart? If one like the Son of God has set you free, brought you to his fold, opened your ear to discipline, and your heart to grace, then you are free indeed. What do you say, my soul, to these things? Is there this change, this blessed change, from dead works to serving the living and true God? Oh then will not the language of your heart be like Jesus, and his church of old? "I will greatly rejoice in the Lord, My soul shall be joyful in my God; for He has clothed me with the garments of salvation, He has covered me with the robe of righteousness, as a bridegroom decks himself with ornaments, And as a bride adorns herself with her jewels." (Isa 61:10)"

I love the description of how after receiving complete freedom, this man, much like we should do, placed himself at the feet of Jesus: he chose to place himself in complete submission to Him that brought freedom.

The clothing and right mind that we are to have: God's righteousness and the mind of Christ, is such an integral part of our walking out our salvation. It can be very challenging to remain in this position: fully submitted to Jesus, walking (or sitting in this case!) in His righteousness with his thoughts. Yet, this is what we are called to do. We are to follow the example of Jesus as He only did and said what He saw the Father doing. My prayer for us today is that we will continue to keep ourselves in our right place, in submission to the One who loves us and wants us to share in both His sufferings and victory.

Sitting in Stillness

Sitting - visualize sitting in church, sitting at a meeting, sitting at the computer, sitting on the airplane, bus, car, train, etc. Sitting at the pool, sitting on the beach. You get the picture. There are many places to sit, many situations that require us to sit at attention, out of respect or simply to relax.

Be still comes to mind once again. You must admit that each day in our world we are constantly reminded of "things to do". We are bombarded with daily obligations to family, friends, and activities that cause us to come to the end of the day asking ourselves what we accomplished. Yes, the delete, delay, delegate course of action has become our mantra. Not a word typically used by Christians, but it is a "commonly repeated word or phrase" used by us because we recognize our lives are too busy. Let's take a look at our

Biblical sisters, Martha and Mary.

Now as they went on their way, Jesus entered a village. And a woman named Martha welcomed him into her house. And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. Luke 10:38-39

Next scene, "And a considerable number of the Jews had gone out to see Martha and Mary to console them concerning their brother. When Martha heard that Jesus was coming, she went to meet Him, while Mary remained sitting in the house. Martha then said to Jesus, Master, if You had been here, my brother would not have died. And even now I know that whatever You ask from God, He will grant it to You. John 11:19-22

So, did Martha need to delete, delay or delegate? What about Mary? We do see her sitting a lot.

Going back to what Misti shared above the phrases that most struck me are;

the garment of Jesus' righteousness,
are you now sitting at the feet of Jesus, clothed and in your right mind,
have you heard the voice of Jesus,
felt the power of his grace ,
are free indeed
is the language of your heart to be like Jesus,

"I will greatly rejoice in the Lord, My soul shall be joyful in my God; for He has clothed me with the garments of salvation, He has covered me with the robe of righteousness, as a bridegroom decks himself with ornaments, And as a bride adorns herself with her jewels."
(Isa 61:10)"

In summary, when we think about it, we all contain some of the characteristics of both Martha and Mary. Life is not about how busy we are but about how still we will allow ourselves to be in the midst of the business. When we wake in the morning our goal for the day is to live, move, in the grace and peaceful spirit of the Spirit that dwells within, to be clothed in His righteousness.

Sitting at the feet of Jesus is an attitude of a life that is consumed by praying for others, caring for others and sharing the blessed hope of Jesus Christ who brings calmness in all circumstances. To be spiritually, emotionally, mentally and physically motivated because we take time to sit at the feet of Jesus

In conclusion, let's take a few minutes and [watch this video](#). As you're listening, reflect on the words of the song:

Sitting at the feet of Jesus,
Oh, what words I hear Him say!

Happy place! so near, so precious!
May it find me there each day;
Sitting at the feet of Jesus,
I would look upon the past;
For His love has been so gracious,
It has won my heart at last.

Sitting at the feet of Jesus,
Where can mortal be more blest?
There I lay my sins and sorrows,
And, when weary, find sweet rest;
Sitting at the feet of Jesus,
There I love to weep and pray;
While I from His fullness gather
Grace and comfort every day.

Bless me, O my Savior, bless me,
As *I sit low at Thy feet; [*I'm waiting]
Oh, look down in love upon me,
Let me see Thy face so sweet;
Give me, Lord, the mind of Jesus,
Keep me holy as He is;
May I prove I've been with Jesus,
Who is all my righteousness.

Discussion:

- What are some of the experiences you've had or things learned from sitting at the feet of Jesus?
- How do you "sit at the feet of Jesus" in everyday life?

Let's pray that we continue to place ourselves in position at his feet.