
[How Do We Even Begin to Prepare for Something Like This?](#)

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In an article done by [Assist News](#) regarding the shooting that took place last Friday, Michael Ireland, a Senior International Correspondent, shared the story of a lady who was at the showing with her 2 teenage children. She made a statement that I believe resonates the truth that needs to be remembered in this time. She stated:

Yes, there was one evil act, but it is being covered by thousands, possibly millions of acts of kindness.

It's hard to wrap our minds around how people can do such evil...especially when it is directed towards our fellow man. While there is no easy way to understand, if we ever truly can understand at all, the article also provided an answer. In a statement by Dr. Ted Baehr, a media expert, he explains:

Actually, none of these reasons (violence in movies, the Batman movies specifically, guns, poverty or lack of an education) answer the question why. This is an evil act committed by an evil person, who did not know the truth of Jesus Christ that would set him free from such wickedness. The answer is not more laws, the answer is not to banish movies, nor neuroscience programs, nor weapons that can be used to protect, but rather to get the Word of God out. Because 'faith comes through hearing the message, and the message is heard through the word about Christ (Romans 10:17).'...As the Word of God says in Galatians 5:22-24, 'The fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Those who belong to Christ Jesus have crucified the flesh with its passions and desires.'...If you ban the fruit of the Spirit from society, including the education system, you're not banning God; you're banning goodness, justice, truth, peace, kindness, joy, gentleness, self-control, and love."

While we may not ever have the capability to fully understand the reason why things like this happen, it is helpful to know that we have hope...and, even more importantly, that we can share that hope with those around us.

My friends often ask me following an incident such as this, "How do you even prepare for something like this." They understand more easily the preparedness ability for natural disasters, but ones that are carried out against fellow humans are much harder to prepare for. While I don't in any way claim to have all the specifics, I do know that one CAN prepare.

They can begin by strengthening their relationship with Christ through spending time with him to understand that he is our provider, our strength, our refuge, our...And even though Christians will often find themselves in the middle of the tragedy, that relationship will provide them the rock to stand on through the trial.

Beyond spiritual preparedness, one can prepare for by simply reading on [how to respond in an active shooter scenario](#), talking with their friends about how they would response, and simply think through different scenarios. The purpose isn't to become obsessed and paranoid...but to be prepared and have a plan.

Have a plan. Have resources you may need. Trust God. Enjoy life.

The Bible says that [Jesus came to give us life, and an abundant life](#)! We are not supposed to live in fear! Jesus also tells us that it is [guaranteed that we will have trouble in this life...BUT he has overcome it](#). Our faith, our security, our reliance in times of difficulty, should stem from the foundation of peace and love that is found only in Jesus.

For more ideas on how to prepare, download our [free ReadyChristian training](#) and begin the process of understanding Biblical Readiness and taking simple steps towards being ready to give an answer for the hope within you.